

## Care Instructions for Restorations

We use a local anesthetic to thoroughly numb the area we treated. This numbness may affect your lips, teeth, and tongue that may last for several hours after the procedure. To avoid damage to your tongue and lips, avoid any chewing until the numbness has completely worn off.

If your restoration hurts right after your appointment this is fairly normal. Thermal sensitivity to hot or cold as well as pressure may be experienced. Also, your gums may be sore around the area we have treated. Rinsing with a warm salt water mixture will help alleviate any discomfort and swelling you may have.

If the soreness or sensitivity lasts for longer than a week, please call our office for an adjustment.

With white resin or composite restorations the material is fully set and is as hard as it is going to be. You are welcome to eat and chew normally after the numbness wears away.

With the silver or amalgam restorations you should not chew anything directly on the new filling for the first 24 hours this will allow the material to fully harden to its full potential.

If your bite feels uneven or too high please call for an adjustment.