

(Smile. It's good for you!)

Care Instructions for Temporary Crowns and Bridges

- * Numbness of your lip, tongue, or palate may persist for several hours. Do not chew gum, eat, drink hot liquids, or smoke until anesthetic has worn off to prevent injury from accidentally biting or burning yourself.
- * Soreness may occur at the tooth, the surrounding gum, the injection sites, or to the jaw joint. If these occur, apply moist heat to the affected area and take an analgesic/anti-inflammatory, such as ibuprofen or similar product (if no allergies to medications).
- * A temporary restoration made from acrylic or thin metal has been placed on the tooth. Avoid sticky or crunchy foods to avoid loosening or fracturing the temporary material.
- * Brush your temporary restoration daily. When flossing, slide the floss out from between the teeth instead of lifting it back out to avoid loosening the temporary.
- * If the temporary loosens or comes off, it is important to have it replaced to maintain the space that has been created for the permanent restoration. Please call as soon as possible for appointment to re-cement the temporary.
- * If unable to come in quickly for re-cement, apply a thin layer of Vaseline on the inside and replace the temporary onto the tooth.
- * When the permanent restoration has been placed, brush and floss daily. Chewing on ice, pens, or other objects can damage the permanent restoration.
- * If your bite is hitting hard or is causing pain, please call for adjustment of restoration.
- * If teeth are sensitive use a fluoride toothpaste to decrease sensitivity
- * On occasion, damage to the pulp of the tooth may occur following any restorative procedure due to a variety of reasons. If this occurs, further treatment, such as a root canal therapy may be necessary.
- * Keep regular 6 month dental cleaning appointments to maintain the life of the permanent restoration.